

17: Inmate SE*

01

02 (Interview on wing.)

03 E- What did you make of it?

04 S- It was very good. Yes it was outside my comfort zone, outside the comfort zone. Things you've never done before.

05 I like the tutors... good place to work. Yep. That's it?

06 E- Would you change anything? How would you improve it?

07 S- Nothing to change really.

08 E- Did it change from beginning to end?

09 S- Yeahhhh, at first I thought not for me. Not masculine (laughs) but then was wicked.

10 E- Do you think it made any difference personally?

11 S- Mmmm...nahhh, I want to do it again though.

12 No mood changes, but relationship changes yes, the way you work with others...

13 E- Have you heard of empathy?

14 S- Nope. Miss, tell me all about it. (smile)

15 E- It's the way you can feel what others feel, put yourself into others' shoes.

16 S- Yes, yes!

17 It helped to work with others, take into consideration what others are doing, other peoples views into consideration. Accept others opinions.

Other people have their ideas too. Other peoples views, yes.

18 Loads of new ideas I have, new ideas, 100% when I started to now I have more tools inside the box. Now I have some tools to work with.

19 So I want to do it again, if possible sign me up.



FIRST sentence



U-uncer



I- Identity



C-collaboration~



W-wellbeing



C-collaboration~



self confidence



now I have more tools inside t..